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## **AMENDMENTS TO THE CLAIMS**

This listing of claims will replace all prior versions and listings of claims in the application:

## LISTING OF CLAIMS:

1 to 27. (canceled).

28. (currently amended): A method for reducing fatigue in animals in the state of fatigue, wherein the fatigue is physical exhaustion caused by exercise or fatigue caused by aging, which comprises administering, to said animals, a fatigue reducing agent comprising reduced coenzyme Q represented by the following formula (1) (wherein n represents an integer from 1 to 12) as an active ingredient

$$OH$$
 $H_3CO$ 
 $CH_3$ 
 $H_3CO$ 
 $(CH_2CHC(CH_3)CH_2)_n H$ 
 $OH$ 
 $OH$ 
 $(1)$ 

29. (currently amended): A method for reducing fatigue in animals in the state of fatigue, wherein the fatigue is physical exhaustion caused by exercise or fatigue caused by aging,

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which comprises administering, to said animals, a fatigue reducing agent comprising reduced coenzyme Q represented by the following formula (1) and oxidized coenzyme Q represented by the following formula (2) (wherein n represents an integer from 1 to 12) as the active ingredients

OH
$$H_{3}CO \longrightarrow CH_{3}$$

$$H_{3}CO \longrightarrow CH_{2}CHC(CH_{3})CH_{2})_{n}H$$

$$OH$$

$$CH_{3}$$

$$H_{3}CO \longrightarrow CH_{3}$$

$$H_{3}CO \longrightarrow (CH_{2}CHC(CH_{3})CH_{2})_{n}H$$

$$(2)$$

- 30. (currently amended): The method according to claim 28 or 29, wherein  $\underline{n}$  is  $\underline{10}$ the eoenzyme Q is coenzyme  $\underline{Q}_{10}$ .
- 31. (previously presented): The method according to claim 28 to 29, wherein the agent is directly applied to skin.

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32. (previously presented): The method according to claim 28 or 29, wherein the animals are vertebrates.

- 33. (previously presented): The method according to claim 28 or 29, wherein the animals are mammals.
- 34. (previously presented): The method according to claim 28 or 29, wherein the animals are humans.
- 35. (previously presented): The method according to claim 28 or 29, wherein the animals are middle aged or older persons.
- 36. (previously presented): The method according to claim 28 or 29, wherein the fatigue is physical exhaustion during or after sickness.
- 37. (previously presented): The method according to claim 28 or 29, wherein the fatigue is muscle fatigue.
- 38. (new): The method according to claim 28 or 29, wherein the fatigue reducing agent is administered orally.